



# Weekly NEWSLETTER

Conchs Issue #7

Principal Mrs. Rebecca Palomino

September 29, 2023

**Key West High School Mission Statement**  
*To empower all students to maximize their potential and prepare them with the skills and experiences necessary to be college or career ready and to develop those character traits that will enable them to be productive members of society.*



FKAA staff was on campus at Key West High School to meet with Junior and Senior level students interested in our Apprenticeship Program.

## **UPCOMING EVENTS**    **SEPT/ OCTOBER 2023**

- October 3rd— SAC meeting in the library at 5:30pm
- October 6th— College Fair for students during the school day
- October 9th— Professional Day—No students

## **KWHS SOCIAL MEDIA:**

Instagram— kwhs\_news

Facebook—Key West High School Athletics & Student Activities

Twitter— @kwhsnews

Website— [www.keysschools.com/kwhs](http://www.keysschools.com/kwhs)

Students must show their KWHS ID when entering the campus and when a staff member asks to see it. Thank you for your support and effort in keeping our school safe!

WEDNESDAY, OCTOBER 18, 2023

# WEAR ORANGE

to show unity for kindness, acceptance,  
and inclusion and to send a visible  
message that no child should ever  
experience bullying.

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Bell Schedule	
Time	Period
7:35 - 8:26	1
8:30 - 9:20	2
9:24 - 10:17	3
10:21 - 11:11	4
11:11 - 11:46	Lunch 1-- Crimson (Bldgs 4, Wt rm, Auto)
11:50 - 12:40	5 Crimson
11:15 - 12:05	5 Grey
12:05 - 12:40	Lunch 2-- Grey (Bldgs 1,2 ,3 & Portables)
12:44 - 1:34	6
1:38 - 2:30	7

Pep Rally Bell Schedule	
Time	Period
7:35 - 8:28	1
8:32 - 9:17	2
9:21 - 10:06	3
10:10 - 10:55	4
10:55 - 11:30	Lunch #1
11:34 - 12:19	5A
10:59 - 11:44	5B
11:44 - 12:19	Lunch #2
12:23 - 1:08	6
1:12 - 1:57	7
2:00 - 2:30	Pep Rally

Wellness Wednesdays	
Time	Period
7:35 - 8:22	1
8:26 - 9:12	2
9:16 - 10:05	3
10:05 - 10:35	30+
10:39 - 11:25	4
11:25 - 12:00	Lunch #1
12:04 - 12:50	5A
11:29 - 12:15	5B
12:15 - 12:50	Lunch #2
12:54 - 1:40	6
1:44 - 2:30	7

Early Release Bell Schedule	
Time	Period
7:35 - 8:00	1
8:04 - 8:28	2
8:32 - 8:59	3
9:03 - 9:27	4
9:31 - 9:55	5
9:55 - 10:33	Lunch
10:37 - 11:01	6
11:05 - 11:30	7

Final Exam Bell Schedule	
Time	Period
7:35 - 9:10	Exam
9:10 - 9:51	Lunch
9:55 - 11:30	Exam

7th Period Exam Bell Schedule	
Time	Period
7:35 - 9:10	7th Exam
9:14 - 9:56	1
10:00 - 10:42	2
10:46 - 11:30	3
11:30 - 12:16	Lunch
12:20 - 12:58	4
1:02 - 1:44	5
1:48 - 2:30	6



## ~Student News~

- ⇒ If a senior missed Picture Day and needs a make up senior picture, they will have the opportunity to do so on November 8th. Mrs. Saunders will send out an email to these students so please encourage your child to check their emails.
- ⇒ If any student is requesting a retake, they will have the opportunity to do so on November 8th. Students are to email Mrs. Saunders requesting a retake. There will be a retake fee.
- ⇒ Order your 2024 Key West High School yearbook using the website [yearbookorder-center.com](http://yearbookorder-center.com) and job #: 17196



## Key West High School

### SAC Meeting Dates—2023-2024

October 3rd

November 7th

December 5th

January 9th

February 6th

March 5th

April 2nd



All meetings are at 5:30 in the library.

## KWHS TESTING INFORMATION

Date	Test	Grade Level
September 8 <sup>th</sup>	ELA FAST PM#1	9 <sup>th</sup> (Group A)
September 11 <sup>th</sup>	ELA FAST PM #1	9 <sup>th</sup> (Group B)
September 12 <sup>th</sup>	ELA FAST PM #1	10 <sup>th</sup> (Group A)
September 14 <sup>th</sup>	ELA FAST Retakes	11 <sup>th</sup> & 12 <sup>th</sup>
September 18 <sup>th</sup>	ELA FAST PM #1	10 <sup>th</sup> (Group B)
September 21 <sup>st</sup>	BEST Algebra EOC Retakes	11 <sup>th</sup> & 12 <sup>th</sup>
September 22 <sup>nd</sup>	BEST Algebra EOC Retakes	10 <sup>th</sup>
September 26 <sup>th</sup>	BEST Geometry EOC Retakes	10 <sup>th</sup> -12 <sup>th</sup>
September 29 <sup>th</sup>	ASVAB	11 <sup>th</sup> & 12 <sup>th</sup>
October 2 <sup>nd</sup>	Biology EOC Retakes	
October 3 <sup>rd</sup>	Civics EOC Retakes	
October 4 <sup>th</sup>	US History EOC Retakes	

If you are testing, you will receive an email from Dr. Veldheer notifying you of the day and location for testing.



All students testing must bring their CHARGED chromebook to testing. Testing begins AFTER 1<sup>st</sup> period.



## Senior Links Worth Checking Out

### Bright Futures Course Table

\*Identify which courses meet BF eligibility



### Florida Bright Futures

#### Scholarship Program 2023-24

\*PDF view if Initial Eligibility Requirements



### Federal Student Aid | FAFSA

\*Complete the FAFSA Form through the U.S. Department of Education



### Key West High School

#### College & Career Planning

\*College & Career info from Mrs. Estenoz



### Florida SUS 2023-2024

#### Counselor Guide

\*Current details about the 12 FL universities





# *Show your Conch Pride!*



## **What are Conch Pride Accounts?**

They are free checking accounts with Conch debit cards help raise money up to \$1,000 per month for Key West High School. Keys FCU donates:

\$5 to [KWHS for each account opened.](#)

- \$2 to KWHS for each box of checks ordered.
- 1% of each account holder's debit card transactions, up to \$15 per month to KWHS during specific promotional periods like Back to School, Spring Break and Christmas season.

**Conch Pride accounts include free adult and teen online & mobile financial education programs that teach them how to save and manage their checking account and credit history and more.**

## **Who can get a Conch Pride Checking Account?**

Conch Pride Checking Accounts and Debit Cards are perfect for KWHS students- 14 years and older, parents, teachers, staff, alumni, and fans-that live or work in the Florida Keys.

## **Where can you open a Conch Pride account?**

In Keys Federal Credit Union at 3022 N. Roosevelt Blvd. in Key Plaza, 514 Southard St., and 5300 Overseas Hwy. in Stock Island.

## **How can KWHS raise more money?**

Create awareness of, and encourage students, staff, parents, and fans to open a Conch Pride checking account by:

- Announce/socialize account at staff meetings, school assemblies, pep rallies, sporting events, parent encounters and in classrooms
- Send flyer out in weekly newsletter and Peach jar email service
- Hang posters and banners in school/visible areas

Partner with Keys FCU to promote account openings at school events like open house, [orientation](#), [college](#) fairs, graduation, sports events, meet the teacher

- Identify promotional/sponsorship opportunities on school materials/areas
- Circulate donation photos and information

## **Who creates and provides the Conch Pride marketing materials?**

Keys FCU will create and provide all Conch Pride marketing materials. KWHS must distribute, hang, communicate, and publish them.

# Activities



The “Start With Hello” Campaign starts September 25th through the 29th!

Please participate each day by:

**Monday, September 25th**— Stop by the SAVE table during the lunch shifts to say “Hello”!



**Start with Hello Campaign**  
September 25<sup>th</sup> – 29<sup>th</sup>  
Key West High School



Please join in for the daily activities!

<b><u>Monday,</u></b> <b><u>September 25<sup>th</sup></u></b>	<b><u>Tuesday,</u></b> <b><u>September 26<sup>th</sup></u></b>	<b><u>Wednesday,</u></b> <b><u>September 27<sup>th</sup></u></b>	<b><u>Thursday,</u></b> <b><u>September 28<sup>th</sup></u></b>	<b><u>Friday,</u></b> <b><u>September 29<sup>th</sup></u></b>
<b>Start with Hello</b>   Stop by the SAVE Table at lunch to say hello.	<b>Take what you need Tuesday</b>  Take what you need Tuesday. Stop by the bulletin board near the office to keep or give a kind gesture.	<b>Welcome Wednesday</b> <b>WEAR GREEN DAY</b> Wear GREEN and Start with Hello.	<b>Talk About it Thursday</b> <b>Chat with new friends</b>  Start a conversation with someone new.	<b>Feel Good Friday</b>  Students use chalk to share positive messages around the campus.



## Activities



The "Start With Hello" Campaign starts September 25th through the 29th!

Please participate each day by:

**Wednesday, September 27th**— Wear **Green** to show support!!



**Start with Hello Campaign**  
September 25<sup>th</sup> – 29<sup>th</sup>  
Key West High School



Please join in for the daily activities!

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## Info/Activities

The KWHS Marching Band received an official invitation Monday from the London Founders and Patrons of the New Year's Day Parade and Festival. Delegates flew in to Key West for the occasion to personally present the invitation. This is an accomplishment few bands receive and we are extremely proud of the Marching Conchs, who are one of only twenty bands in the United States who have been invited to march in this parade. The London New Year's Day parade is historically watched by approximately 350 million people worldwide!



This weekend, the Marching Conchs head to Pembroke Pines to compete in the Falcon Sound Invitational Marching Band Competition where they will perform their full set, a medley of songs by British acts that includes the Beatles, Police and Elton John.



**SCHEDULE A TIME**



TO MEET WITH YOUR

**SCHOOL  
COUNSELOR**



YOU PICK THE TIME  
AND DAY.

\*Counselors may be with other students during certain time periods, which could impact appointment availability.

KWHS School Counselors are now accepting student appointments. They may access the booking site via the QR code below and select their counselor and meeting type from a dropdown menu.

This flyer has been posted throughout campus for ease of access. School counselors continue to be available for walk-ins before and after school, as well as during student lunches.

Please be mindful of unforeseen circumstances that may require appointments to be rescheduled, which will be communicated with as much notice as possible.



## Academics



Mrs. Tara Jackson's Human Body Systems students got to build the two upper arm muscles, the brachialis and the triceps head, on their Manikens.

The seniors in Mrs. Tara Jackson's Medical Lab Assisting class performed a lab creating semipermeable membranes and observing their action to mimic what our kidneys do for us to wrap up their study of Clinical Chemistry.



The students in Mrs. Tara Jackson's Principles of Biomedical Science Lab had a busy week designing and carrying out a blood spatter experiment. They did a great job defining their variables, following their procedures and analyzing their data.

# SCIENCE ROCKS!



## Academics/ Info



The students in Mrs. Fink's Anatomy 3D human project: Kids have completed the skull and upper body. Next week we will learn the bones of the hands and add them along with lower body and feet. All bones are labeled and colored differently. Kids are doing a great job and did AWESOME on their first bones quiz!



### Important Dates for KWHS students!

If you have any questions about these dates, please email  
[Stacy.Saunders@keysschools.com](mailto:Stacy.Saunders@keysschools.com)



- ◇ **November 6th**— Herff Jones will be presenting class ring information to Juniors during 4th period, and senior announcements information to Seniors during 3rd period in the auditorium
- ◇ **November 8th**— Herff Jones will be here for make up pictures/retakes for all students. There will be a \$15.00 retake fee. If a student needs a make up picture, they are already signed up. If a student wants a retake, they will need to email [Stacy.Saunders@keysschools.com](mailto:Stacy.Saunders@keysschools.com) to request a retake. All pictures will be taken in the auditorium. Mrs. Saunders will send out emails to all make up and retake students giving them their appointment time. Please tell students to check their emails at the beginning of November. Performance Groups will be taking their pictures also.
- ◇ **November 9th**— Herff Jones will be here to take Club Pictures in the gym. They will also take sports pictures in the courtyard for Fall and Winter sports.
- ◇ **November 14th & 15th**— Herff Jones will be on campus during the lunch shifts to take orders for class rings and senior announcements. They will also be taking orders in the library on both days from 4:00pm-7:00pm.



## Class of 2024

# SENIOR DATES

## Events

### Senior Classroom Visits

Thursday, Sept. 7th  
Friday, Sept. 8th

*\*During Social Studies*

#### Topics:

- Review Graduation Requirements
- College & Career Important
- SUS Conference Updates

### Senior Parent Night

Tuesday, Sept. 12th  
6:00 - 7:30 PM  
KWHs Auditorium

#### Topics:

- Review Graduation Requirements
- College & Career Important
- SUS Conference Updates

### English Learner Senior Parent Night

Thursday, Sept. 14th  
7:00 - 8:00 PM  
KWHs Media Center

#### Topics:

- Review Graduation Requirements
- College & Career Important
- SUS Conference Updates

\*\*\*Spanish & Creole Support\*\*\*

### Jr/Sr College Fair

Friday, Oct. 6th  
1:00 - 3:00 PM  
KWHs Gymnasium

*\*Students & Parents Invited*

#### Topics:

- Meet Admissions Representatives
- Receive College Brochures & Info

### SENIOR WORKSHOP SERIES

#### College Resume

Sept. 19th  
2:30 - 3:30 PM  
KWHs Media Center  
\*Seniors

#### Essay Help

Sept. 27th  
2:30 - 3:30 PM  
KWHs Media Center  
\*Seniors

#### Financial Aid

Oct. 12th  
6:00 - 7:00 PM  
KWHs Auditorium  
\*Seniors & Parents

Senior Advocacy  
**PRESENTED BY**



We are so excited that the Class of 2024 is gearing up for a season of graduation and college readiness. We look forward to working with each of you on your current and postsecondary goals.

Mrs. Lindsay Moore (Senior Counselor)  
& Mrs. Lydia Estenoz (College & Career Advisor)

2100 Flagler Avenue,  
Key West, FL 33040



# Athletics



KWHS Fighting Conchs will play away against Bishop Verot tonight!! Please cheer on the Conchs from home!!

## OFFICIALS NEEDED!

**Local Official Association Contacts**

- Middle Keys: Casey Sheu  
305-360-3054
- Lower Keys: Chad Rodriguez  
305-619-0972

**Standard Pay Rates**

- Football \$111 per game
- Volleyball \$79 per game
- Soccer \$79 per game
- Baseball \$85 per game
- Softball \$85 per game

**APPLY NOW!**

<https://fhsaa.arbitersports.com/front/103524/Site>

**OR SCAN HERE**

**\*Without officials, our kids can't play!\***

If you are interested in becoming an official, you can find all the information you need by clicking the link below.

[https://fhsaa.com/sports/2020/5/28/Become\\_An\\_Official.aspx](https://fhsaa.com/sports/2020/5/28/Become_An_Official.aspx)



KWHS Swim compete against FSPA today and Saturday!



KWHS Golf played Marathon & Coral Shores on Monday and Thursday!  
Way to go, Boys!!



KWHS Cross Country does not have a meet this week!



KWHS JV & V Volleyball played Basilica on Thursday and will have the Florida Christian Tournament today and Saturday!!

Good Luck Girls!!

## Activities

**STAY INVOLVED!!!**

## SENIORS

- Senior Class of 2024 shirts can be purchased at Ramona's

President— Daniella Barroso  
Vice President— Monaya Carey  
Secretary— Siena Wardlow  
Treasurer— Scarlet Niles  
Historian— Yani Nodal

Class Sponsor: Mrs. Carnetra Carey

## Student Council

Please join Student Council to get involved in the planning of our pep rallies, Homecoming, student government activities, Teacher Appreciation and so much more!!!

President— Monaya Carey  
Vice President— Daniella Barroso  
Secretary— Siena Wardlow  
Treasurer— Brooke Biskupich  
Historian— Yani Nodal

Student Council sponsor: Ayesha Osborne

**#CONCHSTRONG!!**

## JUNIORS

Class of 2025 Executive Board would like you to join us at our next meeting! Every Junior is welcome to join!

President— Deanna Mercier  
Vice President— Skye Sterling  
Secretary— Haylee Brogli  
Treasurer— Jada Franco  
Historian— Peyton Zubieta

Class sponsor: Mrs. Kristen Condella

## SOPHOMORES

Class of 2026 Executive Board would like you to join us at our next meeting! Every Sophomore is welcome to join!

President— Jake Ferguson  
Vice President— Whitney Nervilus  
Secretary— Ava Rivera  
Treasurer— Chloe Blackwell  
Historian— Audrey Smith

Class Sponsor: Mrs. Paula Mercer

## FRESHMEN

Class of 2027 Executive Board would like you to join us at our next meeting! Every Freshmen is welcome to join!

President— Jordan Greene  
Vice President— Victoria Gray  
Secretary— Lily Smith  
Treasurer— Josephine Clapp  
Historian— Pilar Rivera

Class sponsor: Ms. Melissa Hargis



# PROJECT SUCCESS PREVENTION KWHS CONCHS



Project Success  
Counselor—  
Shain Cormack  
Room 1-109

Parent Sign up—  
Bronte.Walsh@Westcare.com

Upcoming Dates:

Sept. 6th— SCHOOL WIDE MENTAL  
HEALTH SCREENING

Sept. 11th—SUICIDE CHALK WALK  
DURING LUNCHES

## Project Success

A Partnership Program with KWHS

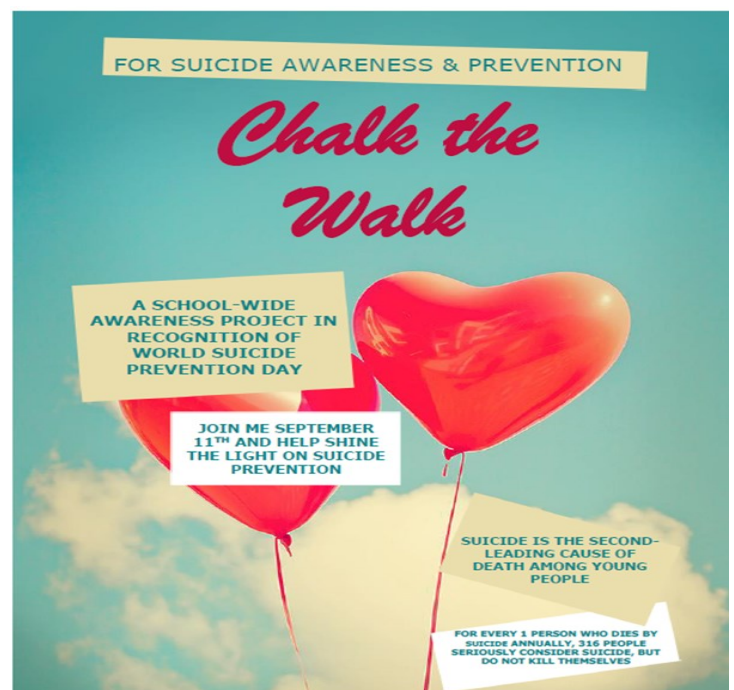
An evidence-based, school-based intervention focused on preventing and reducing substance abuse and other related high-risk behaviors among high-risk middle school and high school aged youth.

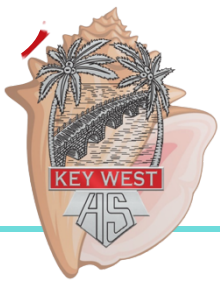
### How youth succeed:

- ♦ Exploring positive coping skills
- ♦ Teaching students refusal skills
- ♦ Promoting healthy dynamics
- ♦ Providing tools for anger management
- ♦ Raising alcohol and other drugs perception of harm

### The Format Includes:

- ♦ 7th and 9th grade prevention education series within the classrooms
- ♦ Individual sessions (6)—45 minute sessions
- ♦ Referral services for Therapy and Intervention Counseling with Guidance Care Center





# KWHS AFTERSCHOOL TUTORING

Late Bus departs at 4:45- Must have a late bus pass  
**AFTERNOONS (SEE BELOW)– 2:45 TO 3:45**  
**(REPORT TO THE CLASSROOM DIRECTLY)**

<b>Science</b>	Cerkleski 4-225 Kugeares 4-111 Ledbetter 4-217	Mon/ Tues/Thurs Tue/Thur Tue
<b>Science STEM</b>	E. Smith 2-102 J. Smith 4-109	Mon/Fri Thur
<b>ELA /SAT Prep</b>	Estenoz 1-115	Thur/Sat <b>(9:00-10:00am)</b>
<b>ELA</b>	Rolison 4-203 Pitcher 4-230	Tue/Thur Tue/Thur
<b>ELA Recovery/ FAST Prep</b>	Kinnune 2-202	Tue/Thur
<b>SAT Prep/ Chemistry/Physics</b>	Nelson 1-208	Mon/ Thur
<b>ELL Support</b>	Nasser 2-206	Tue/ Thur
<b>Math</b>	Castro 4-220 (ELL) Hutman 4-229 (Alg 1 & Geo) Meeks 4-118 (Alg 2)	Tue Tue Tue/ Thur
<b>ESE/ Career Support</b>	Berenz 1-201	Tue/Thur
<b>Use Your Words (Writing help)</b>	Rein Media Center	Tue/ Thur
<b>Cosmetology Students Only</b>	Oropeza 1-133B	Mon <b>(2:45-4:45)</b>